## Time Tensions of Serving God Mark 6:30-34

# I. <u>We need to Share</u>: We need time to share with others the results of serving (Mark 6:30).

- A. <u>We need to share what God has done</u> through us and hear what God has done through others.
- B. <u>Encouragement in ministry comes from praising God</u> for what He has done in people's lives.

## II. <u>We need to Rest</u>: We need time to rest from service (Mark 6:31).

- A. Jesus recognizes the pressures of people and the hectic busyness of the serving we do (6:31a).
- B. Jesus calls His followers away to rest and to be refreshed from people pressures (6:31b).

#### Three Causes of "Serving Burnout"

- 1. Our view of **Others** We depend upon the <u>approval of others</u> = PRIDE
- 2. Our view of **Self** We have *perfectionist expectations* of ourselves = PRIDE

3. Our view of **God** – We are *guilt-driven* instead of *grace-driven* = PRIDE

- III. <u>We must be willing to Give up Rest:</u> Our compassion for people must sometimes overrule our need for rest (Mark 6:32-24).
  - > Jesus served in spite of His fatigue because He had compassion.

### **Busyness and the Boundary Dilemma**

- 1. Sometimes we must stop and rest from serving.
- 2. Sometimes we must  $\underline{\text{sacrifice rest}}$  because of godly compassion for people.
- 3. We need  $\underline{\text{discernment}}$  from God to know if we are serving too much or too little.
- 4. We must identify and evaluate our motives for serving.
- 5. We <u>can't judge</u> the motives or service of others.

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